



Sandwiches

Turkey, Tomato, Bacon & Feta Panini
with mayo & Mixed Greens

\$6.95

Ham & Baby Swiss Panini
with Roasted Red Peppers,
Fresh Spinach and Parmesan Mayo

\$6.95

Portabella Fresh Mozzarella Panini
with Roasted Red Peppers,
Fresh Spinach Garlic Hummus

\$6.95

Club Sandwich

Choice of Bread, Lettuce, Turkey,
Tomato, Mayo and Bacon

\$6.95

BLT

Choice of Bread
Bacon Lettuce, Tomato

\$6.95

Croissant Sandwich

Choice of Tuna Salad, Chicken Salad,
Turkey or Ham

\$6.95





Sandwiches

Ham & Black Olive Flat Bread Panini

**Feta Cheese, Roasted Peppers
and Baby Spinach**

\$6.95

Turkey Apple Walnut Wrap

**Apple Walnut Salad, Turkey and Baby Spinach
Rolled in a Whole Wheat Wrap**

\$6.95

Asian Chicken Wrap

**Mixed Greens, Mandarin Oranges, Pea Pods,
Carrots, Toasted Almonds served with
a Asian Vinaigrette**

\$6.95

Ham & Pineapple Wrap

**Honey Baked Ham, Grilled Pineapple and
Baby Spinach**

\$6.95

Mediterranean Shrimp Salad Wrap

**Mixed Greens, Sesame Shrimp, Grilled Golden
Pineapple and Sweet Peppers.**

\$6.95

Tuna Melt

Tuna, American Cheese on a English Muffin

\$6.95

Classic Ruben

**Corn Beef, Sauerkraut, Baby Swiss Cheese
and Thousand Island Dressing**

\$6.95





Salads

Fresh Tomato Mozzarella Salad

**Fresh Sliced Tomatoes, Sliced Fresh Mozzarella,
Sliced Red Onions, Toasted Almonds
on a Bed of Baby Spinach**

\$6.25

Orange Strawberry Spinach Salad

**Mandarin Oranges, Strawberries, Baby Spinach,
Candied Pecans Served with a Strawberry Vinaigrette**

\$6.25

Add Chicken \$1.00

Oriental Asian Salad

**Mixed Greens, Carrots, Pea Pods, Mandarin
Oranges, Toasted Almonds Served with a
Asian Vinaigrette**

\$6.25

Add Chicken \$1.00

Shrimp & Pineapple Spinach Salad

**Mixed Greens, Sesame Marinated Shrimp,
Grilled Golden Pineapple and Sweet Peppers.**

\$6.95

Three Cheese Quiche

**Served on a bed of Mixed Greens lightly Tossed
in a Balsamic Vinaigrette**

\$6.25

Ham & Cheese Quiche

**Served on a bed of Mixed Greens lightly
Tossed in a Balsamic Vinaigrette**

\$6.25





Soups & Combos

Soups

Bowl	\$5.55
Cup	\$2.99

Combos

Cup of Soup & 1/2 Sandwich	\$6.95
Add a Croissant	\$.85
Wrap's add	\$.85
Salad & 1/2 Sandwich	\$6.95
Add a Croissant	\$.85
Wrap's add	\$.85
Cup of Soup & Salad	\$6.95
Bowl of Soup & Sandwich	\$8.95
Bowl of Soup & Salad	\$8.95





Breakfast

Sandwiches

Egg & Cheese Bagel	\$.2.25
Add Bacon, Ham or Sausage	\$.65 each
Egg & Cheese Croissant	\$2.95
Add Bacon, Ham or Sausage	\$.65 each
Egg & Cheese Biscuit	\$2.25
Add Bacon, Ham or Sausage	\$.65 each

Omelets

Egg & Cheese Omelet	\$2.35
w/ a slice of Toast	
Add Bacon, Ham or Sausage	\$.65 each
Add Peppers, Onions,	
Mushrooms or Tomatoes	\$.25 each

Fresh Fruit & Yogurt

Fresh Fruit Cup	\$2.25
Yogurt & Granola Cup	\$2.55



Coffee

Fresh Brewed

House Cup

\$1.85

To Go Cup

16 oz.

\$1.85

To Go Cup

20 oz.

\$2.00

Indulgence Travel Mug

\$1.00

ONE FREE REFILL

\$.50 for each additional refill

Americano

House Cup

\$1.65

To Go Cup

16 oz.

\$1.85

To Go Cup

20 oz.

\$2.00



Espresso Beverages

Espresso

Single Shot \$1.50

Double Shot \$1.80

Cappuccino

16 oz. 20 oz.

\$3.50 \$3.80

Add Additional Flavors \$.35

Mocha

16 oz. 20 oz.

\$3.50 \$3.80

Add Additional Flavors \$.35

Latte

16 oz. 20 oz.

\$3.50 \$3.80

Raspberry Cheesecake - Crème Brule -

Banana Bread - Vanilla Fudge

Caramel Apple – Chocolate Coconut - Sticky Bun -

Apple Pie

Or Create your own up to two Flavors

Add Additional Flavorings \$.35

Indulgence Travel Mug

Any Cappuccino, Mocha or Latte \$2.00



Tea

Hot Brewed Tea

16 oz.	20 oz.
\$1.50	\$1.75

Indulgence Travel Mug
\$1.00

Tea Pot
\$1.75

Oregon Chai

16 oz.	20 oz.
\$3.25	\$3.50

Indulgence Travel Mug
\$2.00

Fresh Brewed Tea

16 oz.	20 oz.
\$1.25	\$1.50

Raspberry Tea

16 oz.	20 oz.
\$1.75	\$2.00



Cold Beverages

Iced Coffee

16 oz.	20 oz.
\$1.85	\$2.00

Add flavor \$0.35 per shot

Indulgence Travel Mug
\$1.25

Lemonade

16 oz.	20 oz.
\$1.50	\$1.85

Strawberry Lemonade

16 oz.	20 oz.
\$1.85	\$2.00

Smoothies

16 oz.	20 oz.
\$3.65	\$4.25

Strawberry - Cherry - Mango
Strawberry Banana - Mixed Berry
Pomegranate

Add Protein Powder \$1.25 per scoop

Add a Energy Shoot \$1.00

Milk Shakes

16 oz.	20 oz.
\$3.75	\$4.50



House Dressings

Raspberry Vinaigrette, Italian Vinaigrette, Ranch,
Balsamic Vinaigrette, Asian Vinaigrette, Thousand Island



Kids Menu \$3.95

Grilled Cheese / PBJ / Turkey Sandwich /
Grilled Ham & Swiss Sandwich
Served with a Cookie and Glass of Milk



Breads

French, Honey Wheat, Pumpernickel,
Five Grain, French Baguette & Focaccia